



CANBERRA REGION RUGBY LEAGUE

Frequently Asked Questions – Accreditation

FEBRUARY 2023

Coaching and Sports Trainer FAQ's

FOR MORE INFORMATION

Please email Anthony McQueen, if your question has not been answered with the below and if you require more information.

1. Accreditation Expiration Timeframes:

SPORTS TRAINERS

CPR must be updated every 12 months.

*The NRL requires Sports Trainers to update their accreditation every 3 years to remain current. The course is a blended delivery with both eLearning and Face to Face training.

League First Aid (Under 6s – Under 15s) accreditation expires in three (3) years.

Level 1 Sports Trainer (all ages) expires in three (3) years – trainer can enrol in the Level 1 Reaccreditation course which lasts a further two (2) years.

Level 2 Sports Trainer (not mandatory for any CRRL competitions) expires in three (3) years – trainer can enrol in the Level 2 Reaccreditation course which lasts a further two (2) years.

Leaguesafe accreditation never expires – completed fully online (free), via the NRL Learning Centre (full course takes approx. 30 mins to complete).

COACHES

In 2020 a new coaching accreditation framework was implemented – to complete the accreditation, coaches must register and attend a Face-to-Face Workshop that corresponds to the age-specific eLearning, for a small fee of \$20.

Separate workshops are delivered to Coaches of 6-12 year old's and also coaches of 13-18 year old's. Coaches will only need to attend the relevant workshop/s specific to the age category they are coaching in once. However, if coaches have multiple ages in their team, they must complete all relevant eLearning modules required. Any coach, coaching player/s who are 18 years old and younger, must complete the eLearning 19s+ course, the eLearning 16-18s course and attend the 13-18s face-to-face course - this is to cover all respective ages (most likely in the U19s teams).



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*Note: Coaches coaching teams with all players who are 19 years + will only be required to complete the eLearning, attendance at a workshop is optional. Once both components have been completed no later than the 30th of June, coaches will be provided with a four (4) year accreditation. Coaches with expired accreditations will need to enrol in a coaching reaccreditation (online only) course for the age-specific group they are coaching.

Coaches who hold (valid) 'old' accreditations will still be legitimate until the expiry date, however they will be required to update these to the new Community Coach Accreditations once these expire (reaccreditation). Please see the following requirements for each age group below:

Coaching Under 6-7's

Coaches of this age group can hold a current Community Coach (6-7's) Accreditation, or a current Modified Games Coach (MGC), Club Coach (CC), Senior Club Coach (SCC), or High Performance Coach (HPC) Accreditation.

Coaching Under 8-9's

Coaches of this age group can hold a current Community Coach (8-9's) Accreditation, or a current Modified Games Coach (MGC), Club Coach (CC), Senior Club Coach (SCC), or High Performance Coach (HPC) Accreditation.

Coaching Under 10-12's

Coaches of this age group can hold a current Community Coach (10-12's) Accreditation, or a current Modified Games Coach (MGC), Club Coach (CC), Senior Club Coach (SCC), or High Performance Coach (HPC) Accreditation.

Coaching Under 13-15's

Coaches of this age group can hold a current Community Coach (13-15's) Accreditation, or a current International Games Coach (IGC), Club Coach (CC), Senior Club Coach (SCC), or High Performance Coach (HPC) Accreditation.

Coaching Under 16-18's

Coaches of this age group can hold a current Community Coach (16-18's) Accreditation, or a current International Games Coach (IGC), Club Coach (CC), Senior Club Coach (SCC), or High Performance Coach (HPC) Accreditation.



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Coaching Under 19s+

Coaches of this age group can hold a current Community Coach (19's+) Accreditation, or a current International Games Coach (IGC), Club Coach (CC), Senior Club Coach (SCC), or High Performance Coach (HPC) Accreditation.

Coaching League Tag

Coaches coaching League Tag teams will have to complete the Coaching League Tag module in addition to holding one of the above coach accreditations.

2. Where do I find upcoming Sports Trainer and Coaching courses?

You can find available courses on learn.playrugbyleague.com, then filter by which location you wish to attend.

3. Who can apply for Recognition of Prior Learning (RPL)?

People who already obtain a current CPR and current First Aid certificates can apply for an RPL – if approved, the person will need to complete online reaccreditation modules, and three (3) hours of face-to-face workshop learning.

Some people may obtain their First Aid and CPR for work, this is recognised as Prior Learning.

www.playrugbyleague.com/trainer/rpl/

www.playrugbyleague.com/trainer/rpl/rpl-form/

4. If you obtain your First Aid and CPR through work?

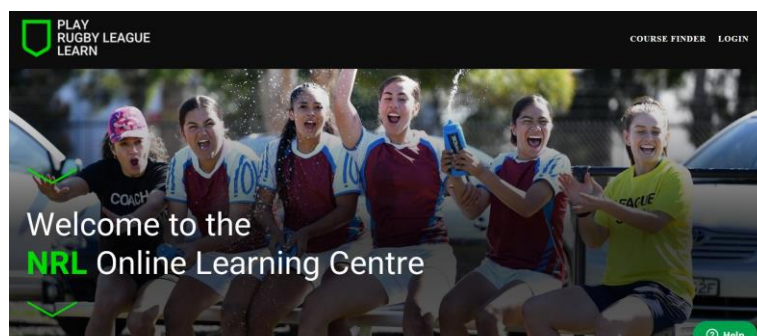
If people obtain current first aid and CPR certificates for their workplace, they can apply for an RPL, by submitting their certificates online (as above). There are also considerations for Allied Health professionals.

5. Can't find your accreditation on your MySideline profile? Create a Support Ticket:

If you have any questions or troubles regarding your accreditations and qualifications through MySideline, you can create an enquiry which the NRL Learn Support team can help you with. On the [NRL Learning Centre website](https://www.nrl.com.au/learn), you can click the right hand bottom **green 'Help' button** which will prompt you to type in your enquiry once you've selected 'Help with Rugby League'.



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6. Sports Trainer Coloured Shirts:

LeagueSafe – **Yellow**

League First Aid – **Green** (Under 6s – Under 15s)

Level 1 Sports Trainer – **Blue**

Level 2 Sports Trainer – **Orange**

7. How many Sports Trainers are needed per team at minimum?

Age	Minimum Personnel Required for Contact Rugby League	Minimum Personnel Required for League Tag	Minimum Accreditation Required
U6-7	One (1) x First Responder for up to four (4) matches being played on an International Field.	One (1) x First Responder for up to four (4) matches being played on an International Field.	• League First Aid; or • NRL Level 1 Sports Trainer; or • NRL Level 2 Sports Trainer
U8-9	One (1) x First Responder for up to three (3) matches being played on an International Field.	One (1) x First Responder for up to three (3) matches being played on an International Field.	
U10-12	One (1) x First Responder per match	One (1) x First Responder per match	
U13-15	One (1) x First Responder per team for each match.		
U16+	One (1) x First Responder per team for each match.	One (1) x First Responder per team for each match.	• NRL Level 1 Sports Trainer; or • NRL Level 2 Sports Trainer.

*U6-9s games may also be played concurrently on Mod or Mini fields as well as International size.

*Refer to the CRRL On-field guidelines (Juniors or Seniors) for the maximum number of sports trainers allowed per team per game. (Found in the [CRRL Operations Manual](#))



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8. Require a refund for a course you've paid for?

If you have paid for a course and then realise you do not require to attend the course, or you are unable to attend that particular course date – you will need to apply for a refund of the course, via the following link: <https://www.playrugbyleague.com/course-refund-request-form/>.

9. Course crashing whilst completing online components?

The course can be difficult sometimes when the WIFI or internet connection is not strong or secure. Change internet browsers (Chrome, Internet Explorer, Firefox, etc.) when the course continues to crash – this may occur during both coaching and sports trainer online modules.

10. Course not allowing you to continue through to the next module:

Please make sure you participate in all videos, quizzes, questions, click boxes, etc. to move through the modules. This includes watching the full video, from start to complete end – the system will not recognise that you've listened and participated in all the content if you skip through sections.

11. Sports Trainer course content set up:

Depending on how many people have registered to a course and if the course is held over two (2) full days or three (3) evenings, depends on how the course content will be structured. Generally speaking, use the following as a guide:

- Day 1:
 - CPR Update
 - First Aid components
 - League First Aid components
- Day 2:
 - Soft tissue injury management
 - Strapping/taping

12. Accreditation communication from CRRL:

Make sure all sport trainers have joined the CRRL Trainers Facebook group – this is where CRRL post updates regarding updated information for sports trainers and upcoming accreditation courses.



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13. MySideline Injury reporting system:

Season 2022 is the first season all CRRL clubs and teams (juniors and seniors) will utilise the new MySideline Manager injury reporting system. All Sports Trainers need to complete the following tutorial on how to use the online Injury Report Form –

Steps - support.playrugbyleague.com/hc/en-us/articles/4405867933199-MySideline-Manager-Injury-Reporting

Tutorial -

learn.playrugbyleague.com/ilp/pages/coursedescription.jsf?courseId=4856527&catalogId=4216011

The injury report forms can be accessed via Google/any webpage (MySideline Manager). **Club Secretaries will need to provide access for Trainers to the MySideline Manager platform** (in case of injury occurring, the Trainer will then have access to all players in the team).

Each sports trainer must be registered to their team, before performing the duty.

*Sports Trainers are still to use the [Concussion Referral Form](#) for concussive injuries (the online injury reporting system is to be used for all other injuries)

This new injury reporting system replaces Operoo and paper injury report forms.

14. Forms to be completed on Game Day:

Interchange Record (Canberra Raiders Cup, First Grade ONLY)

Trainers Concussion Referral Form (in the event of an injury occurring)

Injury Report Form (via MySideline Manager online injury report)

* Please see updated [concussion protocols flowchart](#) on the CRRL website.

15. Course organisation:

The NRL Learning Centre work with our first aid provider (Australian Frontline Solutions – AFS) to arrange a time and venue to hold a course. Unfortunately, the NRL Learning Centre have a limit of courses they are able to arrange and run per year. We encourage you to enrol in a course as soon as one is available to avoid missing out and not being able to coach or sports train for your team. CRRL do not take part in the organisation of courses, as we only promote and encourage our coaches and trainers to enrol in the courses available at the time. Courses have a minimum person requirement for each course to run – this limits courses being put on for only a minimum amount of people, such as three or four. There is a maximum of 25 people per course.