## 10 TIPS FOR PARENTS SPECTATING JUNIOR RUGBY LEAGUE

Don't instruct players from the sideline

Respect all officials and referees

Respect and do not interfere with the coach

Encourage your child to do their best

Give the coach or manager notice if you are going to be away

Control your emotions and actions

Don't want to win more than your child

You're friendly and supportive of all volunteers and parents

Set the example for all spectators

Focus on the process not the result

