# Frequently Asked Questions – Accreditation

#### April 2021

Coaching and Sports Trainer FAQ’s

### for more information

Please email Jen, if your question has not been answered with the below and if you require more information.

## Accreditation Expiration Timeframes:

##### sports trainers

CPR needs to be updated every 12 months.

League First Aid accreditation expires in four (4) years.

Level 1 Sports Trainer expires in four (4) years – then the trainer can enrol in the Level 1 Reaccreditation course which lasts a further two (2) years.

Level 2 Sports Trainer expires in four (4) years – then the trainer can enrol in the Level 2 Reaccreditation course which lasts a further two (2) years.

LeagueSafe accreditation never expires.

##### coaches

To complete the accreditation, coaches will register and attend a Face-to-Face Workshop that corresponds to the age-specific eLearning, for a small fee of $20. These separate workshops are delivered to Coaches of 6-12 year olds and also coaches of 13-18 year old’s. Coaches will only need to attend the relevant workshop/s specific to the age category they are coaching in once. (Note: Coaches coaching in the 19+ age groups will only be required to complete the eLearning, attendance at a workshop is optional). Once both components have been completed no later than the 30th of June, coaches will be provided with a four (4) year accreditation.

Coaches with expired accreditations will need to enrol in a coaching reaccreditation (online only) course for the age-specific group they are coaching.

## When are Sports Trainer and Coaching courses available?

You can find available courses on [learn.playrugbyleague.com](https://learn.playrugbyleague.com/ilp/pages/catalogsearch.jsf?catalogId=1700&sidebarExpanded=true&q=*:*&rows=10).

## Who can apply for Recognition of Prior Learning (RPL)?

Only sports trainers who obtain a current CPR and current First Aid certificates can apply for an RPL – if the trainer is approved, the trainer will need to complete online reaccreditation modules, and three (3) hours of face-to-face workshop learning .

## If you obtain your First Aid and CPR through work?

If people obtain current first aid and CPR certificates for their workplace, they can apply for an RPL, by submitting their certificates online (as above).

## Sports Trainer Coloured Shirts:

LeagueSafe – Yellow

League First Aid – Green

Level 1 Sports Trainer – Blue

Level 2 Sports Trainer – Orange

## Require a refund for a course you’ve paid for?

If you have paid for a course, and then realise you do not require to attend the course, or you are unable to attend that particular course date – you will need to apply for a refund of the course, via the following link: <https://www.playrugbyleague.com/course-refund-request-form/>.

## Course crashing whilst completing online components?

The course can be difficult sometimes when the Wi-Fi or internet connection is not strong. Change internet browsers (Chrome and/or Internet Explorer/Firefox) when the course continues to crash – this may occur during both coaching and sports trainer online modules.

## Course not allowing you to continue to next module?

Please make sure you participate in all videos, quizzes, questions, click boxes, etc. to move through the modules. This includes watching the full video – the system will not recognise that you’ve listened and participated in all the content if you skip through sections.

## Sports Trainer course content set up:

Depending on how many people have registered to a course and if the course is held over two (2) full days or three (3) evenings, depends on how the course content will be structured. Generally speaking, use the following as a guide:

* Day 1:
  + CPR Update
  + First Aid components
  + League First Aid components
* Day 2:
  + Soft tissue injury management
  + Strapping/taping

## Accreditation communication from CRRL:

Make sure all sport trainers have joined the CRRL Trainers Facebook group – this is where CRRL post updates regarding all things sports trainers and upcoming accreditation courses.

## Injury reporting systems:

##### juniors

All junior clubs use an online injury reporting system called Operoo – this is a great reporting system which keeps information safe and secure for each player.

For Concussion injuries, please use the CRRL Trainers Concussion Referral Form and Flowchart.

##### seniors

All senior clubs are to complete paper form injury reports and take a photo and email to Jen to make the player unavailable for team selection until a clearance is received. This includes both Concussion Doctor Referral forms and Injury Reports (downloadable on the CRRL website).

## Forms to be completed on Game Day:

Interchange Record (Canberra Raiders Cup First Grade ONLY)

Trainers Concussion Referral Form (in the event of an injury occurring)

Injury Report Form (in the event of an injury occurring – seniors ONLY)

\* The above forms are all available to download from our website <https://www.raiders.com.au/crrl/administration/forms/>

\* Please see updated concussion protocols flowchart also on our website.

## Course organisation:

The NRL Learning Centre work with our first aid provider (Australian Frontline Solutions – AFS) to arrange a time and venue to hold a course. Unfortunately, the NRL Learning Centre have a limit of courses they are able to arrange and run per year. We encourage you to enrol in a course as soon as one is available to avoid missing out and not being able to coach or sports train for your team. CRRL do not take part in the organisation of courses, as they only promote and encourage our coaches and trainers to enrol in the courses. Courses have a minimum person requirement for each course to run – this limits courses being put on for only a minimum amount of people, such as a few, three or four. A course maximum person amount is 25 people per course.